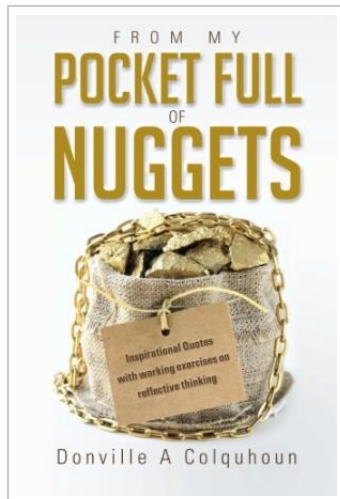




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From My Pocket Full of Nuggets: Inspirational Quotes with Working Exercises on Reflective Thinking

By Donville a Colquhoun

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Imagine you have a pocket full of valuable nuggets. Do you hoard them for your own use, or allow others to profit from them? Would they benefit anyone if they remained, unused and unshared, in your possession? In From My Pocket Full of Nuggets, chaplain, counselor, and mentor Donville Alexander Colquhoun shares his own personal nuggets-packages of original wisdom gleaned from years of reflective thinking that have passed from his thoughts to his journal and from his journal to you. Colquhoun offers up doses of truth that are experiential, spiritual, and philosophical in nature. Accompanying Colquhoun s nuggets of wisdom are a series of reflective questioning exercises designed to develop and hone critical-thinking skills and problem-solving abilities that encourage positive action. Application of these exercises, coupled with Colquhoun s insightful thoughts, will provide you with practical tools for everyday living and with opportunities to expand your mind and spirit. You will discover the value of thinking as it relates to art, wealth, and overall health. Both a collection of inspiring quotations and a workbook for those interested in...



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