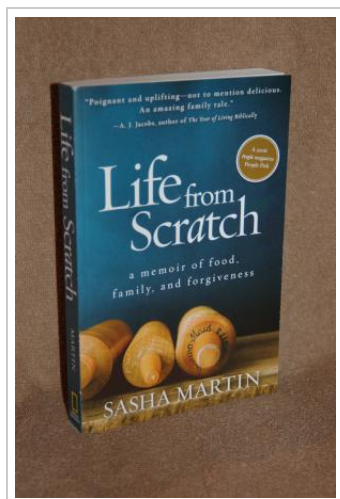




Life from Scratch; A Memoir of Food, Family, and Forgiveness

By Sasha Martin

National Geographic Society, Washington, DC, 2015. Soft cover. Condition: New. No Jacket. National Geographic Society, Washington, DC. 2015. Softcover/Trade Wraps. Book is tight, square, and unmarked. Book Condition: New. No DJ. Pictorial Wraps. Wraps are not bent or folded; spine is not creased or split. 352 pp. It was a culinary journey like no other. For almost four years, the author, a food writer and blogger set out to cook and eat a meal in every country in the world. Her heartfelt, brutally honest memoir takes readers on a gastronomic adventure as she attempts to make peace with her past and elevate her life through the prism of food and world cultures. Her journey of self-acceptance and discovery shows the power of cooking to bond, empower, and to heal-- and celebrates the simple truth that happiness is created from within. A clean pristine copy.

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