



What about Me?: A Caregiver s Journey to Surviving Alzheimer s (Paperback)

By Shirley Rieker

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. There is no higher praise for an instructor, then a student who takes what she has learned and soars beyond all expectations. That is Shirley Rieker; a student who started with her memories in a guided autobiography path she wasn t even sure she wanted to be on, and developed an entire guide on helping caregivers navigate the arduous journey of Alzheimer s caregiving. This is more than a guidebook; it is the compassionate, challenging, and humor filled path of a daughter who made it her goal to put a smile on mom s face each day. Whether you read it for guidance on your own path in providing care to a loved one, or for a deeper understanding of what the caregiving experience can be like, you will not put this book down without feeling changed.



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