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MESSAGES FROM THE EDGE



Old Stone Press. Paperback. Condition: New. 96 pages. Dimensions: 7.9in x 7.9in x 0.4in. Messages From the Edge is dedicated to anyone who has struggled or is struggling with life's challenges and traumas, or who is committed to their own self-growth and discovery. In her work with clients, Paige found herself writing affirmations on colorful sticky notes. She encouraged her clients to place these mantras by their bedsides, bathroom mirrors, or anywhere else they would be seen, so that they could...

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