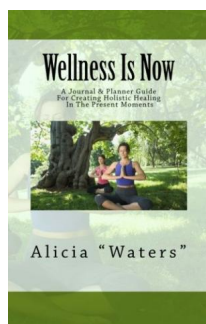


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Createspace, United States, 2014. Paperback Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.WELLNESS IS NOW! A Journal Planner Guide For Creating Holistic Healing In The Present Moments is designed to help individuals tap into their inner wellness along with partnering with the power of the present moment to produce their Now wellness plan. This mini-guide includes an instructional journal planner for recording insights and creating a holistic wellness creation plan..

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- Authored by Alicia Waters
- Released at 2014



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Thorough guideline! Its this type of good read. It is really simplistic but shocks from the 50 percent from the publication. It is extremely difficult to leave it before concluding, once you begin to read the book.

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I actually started off looking over this publication. Indeed, it really is play, nevertheless an amazing and interesting literature. Its been printed in an exceedingly basic way and is particularly just right after i finished reading this ebook by which actually altered me, affect the way i believe.

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