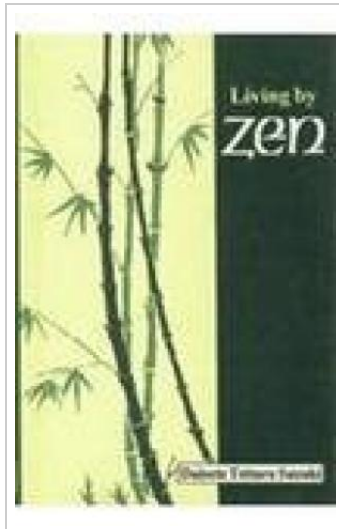




Living By Zen

By Daisetz Teitaro Suzuki , Ed. By Christmas Humphreys

Munshiram Manoharlal Publishers Pvt Ltd, New Delhi, 2011. Soft cover. Condition: New. Reprint. 187pp. The book contains a number of essays which D.T. Suzuki wrote from time to time concerning the specificity and uniqueness of Zen Buddhism, or the school of Buddhism that values meditative practice more than philosophical thinking. The book may be considered as an Introduction to Zen on account of the concerns shown for such themes which a beginner needs to know. In the very first essay is explained as to what Zen way of life denotes. Many find it difficult to comprehend the language of Zen. That is the author has made an attempt at clarifying the Zen idea of a koan, which is a paradoxical question verging almost on absurdity. It is believed that enlightenment or satori comes to be once a koan is understood. The book offers a rich banquet to those who want to taste the flavour of the feast of Zen. Contents Preface 1. Living by Zen 2. A General Survey 3. Satori 4. Approaches to Satori 5. The Koan.



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