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THE SKINNY NUTRIBULLET 5: 2 DIET RECIPE BOOK: DELICIOUS NUTRITIOUS SMOOTHIES UNDER 100, 200 300 CALORIES. PERFECT FOR YOUR 5:2 DIET FAST DAYS. BURN FAT, LOSE WEIGHT AND FEEL GREAT!



Bell Mackenzie Publishing, United States, 2016. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.The Skinny NUTRIBULLET 5:2 Diet Recipe Book Delicious Nutritious Smoothies Under 100, 200 300 Calories. Perfect For Your 5:2 Diet Fast Days. Burn Fat, Lose Weight and Feel Great!This collection of delicious nutrient-packed Nutribullet smoothies juices has been specially created to compliment your 5:2 fast day efforts and help you lose weight fast. Each calorie counted...

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- Authored by Cooknation
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Filesize: 8.58 MB

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