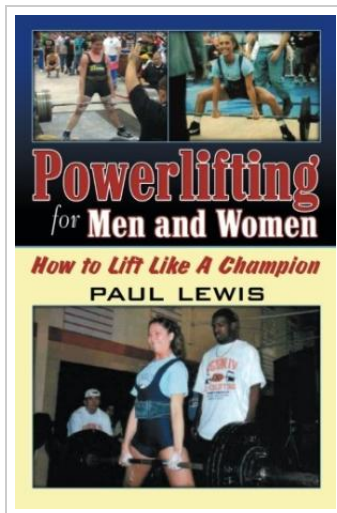




Powerlifting for Men and Women How to Lift Like a Champion

By Paul Lewis

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