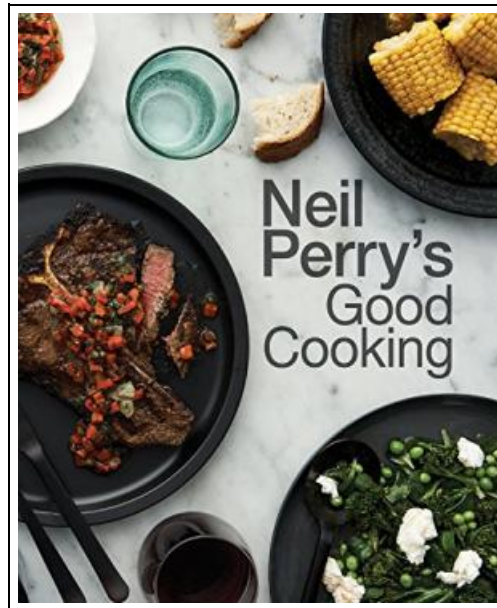


Neil Perry's Good Cooking



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Reviews

A must buy book if you need to adding benefit. it was actually writtern quite perfectly and beneficial. You wont really feel monotony at anytime of your time (that's what catalogs are for regarding in the event you question me).
(Kian Jacobi)

NEIL PERRY'S GOOD COOKING



Murdoch Books, 2017. Hardcover. Condition: New. Enjoy simply good food from around the world with Neil Perry's new cookbook Good Cooking. If you own any of Neil's cookbooks then you'll know they are all about one thing, and that is the quality of the produce, always driven by seasonality. Good living is tied to good shopping and cooking. You don't need diets, you need a balanced diet. Eat a good balance of dairy, nuts, vegetables, grains, poultry, meat and fish. Don't go for fad diets and you will be able to maintain a healthy weight and not have to deprive yourself of anything. Just eat the naughty things in moderation. Neil Perry's Good Cooking has over 110 simple yet sophisticated recipes that will show you just how easy it is to create amazing flavours at home with seasonal produce as the hero. Drawing on culinary influences both global and local, this collection features recipes suitable for any occasion, and is full of food that will entice you into the kitchen and inspire you to cook. Nail your dinner party with starters like Mexican-style king prawn cocktail and Pork and kimchi fritters with spring onion dipping sauce; satisfy the family with delicious dinners like Wok-fried duck with coconut milk, Thai basil and vermicelli, Slow-roasted rack of lamb with quinoa salad and tahini sauce and Cinnamon and chilli braised beef; and devour desserts like Raspberry and yoghurt mousse cake and Spiced date cake with crème anglaise. Good Cooking is an absolute must-have for the kitchen shelf.



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