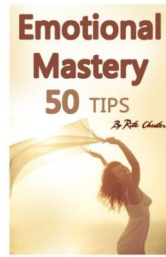


## Emotional Mastery: 50 Tips to Help You Master Your Emotions (Emotions, Emotion, Emotional Control, Control Emotions, Emotion Tips, Emotional Maturity, Emotionally Mature, Peace of Mind, Peaceful Mind)



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### Book Review

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(Dr. Kayley Kovacek PhD)

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