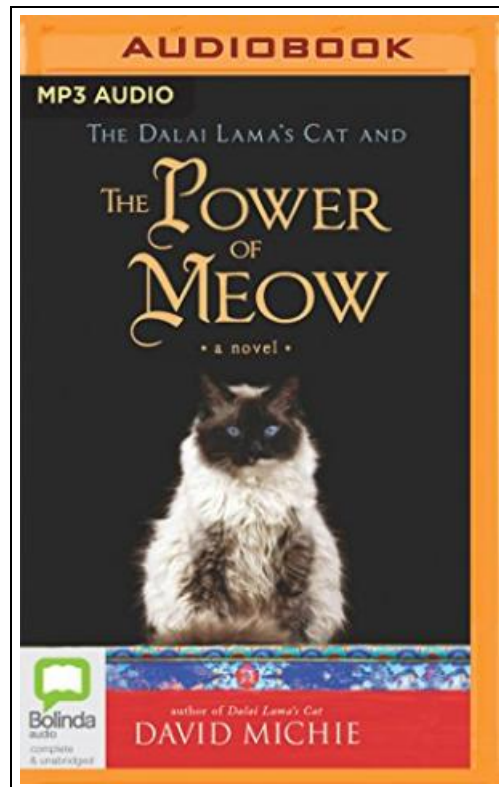


The Dalai Lama's Cat and the Power of Meow



Filesize: 8.86 MB

Reviews

Complete guideline! Its such a excellent read. This really is for all who statte there had not been a worth studying. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Timothy Lynch)

THE DALAI LAMA S CAT AND THE POWER OF MEOW



Bolinda Audio, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. In the latest installment of the Dalai Lama s Cat series, His Holiness s Cat (HHC) is on a mission: to think less, to experience more, to live in the moment. She soon learns the proper phrase for this, being mindful, or, a concept better known to her as the power of meow. What ensues is a journey to discover her own true nature, to gain a deeper understanding of her mind, and to experience life s greatest joy, the here and now. Throughout, she shares encounters with familiar inhabitants of Dharamsala, as well as a whole new cast of characters: a senior exec from one of Silicon Valley s most famous social media companies (hint: the name rhymes with litter), the Pope s beloved dog (who shares a shockingly similar title: HHD, His Holiness s Dog), and a public health inspector who threatens to have our poor narrator banned from the Himalaya Book Cafe. In this follow-up to the Dalai Lama s Cat and the Art of Purring, readers escape to the enchanting and exotic world of the Dalai Lama s monastery in the Himalayas, and take a peek inside the mind of a delightfully imperfect creature on the path to enlightenment. By accompanying HHC on her journey, you will learn new ways to relate to your own mind: slowing down, finding peace, and abiding in the boundless radiance and benevolence that is your own true nature.



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