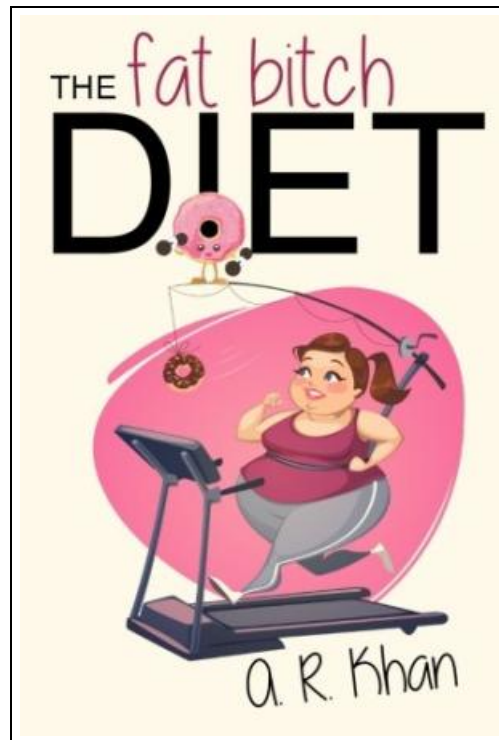


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Fat Bitch Diet: A Compelling Romantic Comedy By A. R. Khan A Humorous Novel That Will Change Your Views On Obesity Once For All! What happens when an overweight, drive-less young woman living an unrewarding life squeezing juice in a Fitness Center bar sees her world overturned by a shocking revelation? How is 190-pound, seemingly easy-going and pleased with life Viola going to deal with the unexpected break up with her high-school sweetheart while she was expecting a wedding proposal? Follow the steps of a girl who was diagnosed with disruptive eating in her teens and got used to bullying and humiliation for life; or at least she THOUGHT so! Turning Over A New Leaf Finding the courage to take the life-changing leap is no mean feat. To lose weight fast, Viola would have to change her diet, let alone her mindset! How could she turn from showing off her overflowing plates on a cooking channel into a health-conscious fitness lover? Written in the intriguing, direct way of personal dialogues, this witty comedy novel with the fresh, original plot will immerse the reader in the deep waters of obesity, the reasons that trigger weight gain and the secrets of a healthy diet the FUNNY, ENTERTAINING way. The Fat Bitch Diet is not just another weight loss guide. It is a refreshing next-door-girl story dispersed with subtle sarcasm that will entertain, while promoting healthy food exercise! Losing weight is just the start. The feeling of empowerment an ex-fat person gains is mind-blowing, fueling successful efforts also in the personal and professional realm. Will Viola get her chance? Will she manage to burn calories and get fit to start living the life she...

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