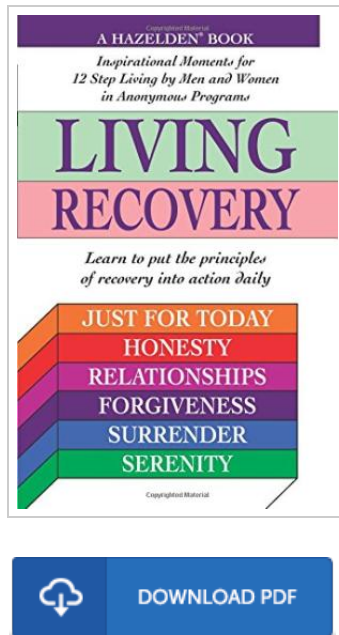




Living Recovery (Paperback)

By Hazelden, Associate Professor Pharmacy Jennifer Schneider

Ballantine, 1995. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.These words, familiar to recovering people everywhere, describe the challenging realities we must face when we begin recovering from an addiction. And as life goes on there is a tremendous need for meaningful recovery support. Learning to deal with the different stages of growth and the new emotions that surface during the recovery process requires new living skills. Now all the pamphlets in the bestselling Hazelden Pocket Power series have been collected in this inspirational volume. Living Recovery provides an in-depth look at twenty-two tools for recovery, and offers pragmatic guidance in penetrating, yet easy-to-read reflections on: -- Accepting Criticism -- Forgiveness -- Freedom from Fear -- Gratitude -- Great Expectations -- Honesty -- Hope -- Humility -- Inadequacy -- Just for Today -- Letting Go -- Living the Principles -- Loneliness -- Loving Relationships -- Miracles in Recovery -- Patience -- Prayer and Meditation -- Reaching Out to Others -- Serenity -- Surrender -- Understanding Rejection -- When Doors Close So whether you re recovering from addiction or you live or work with someone who is, the principles of Twelve Step living outlined in...



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Reviews

A very amazing ebook with lucid and perfect answers. it was actually writtern quite flawlessly and useful. Its been written in an exceedingly basic way and it is simply right after i finished reading this publication in which basically changed me, change the way i really believe.

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Certainly, this is the very best work by any writer. It is loaded with knowledge and wisdom I am just quickly will get a satisfaction of reading through a created publication.

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