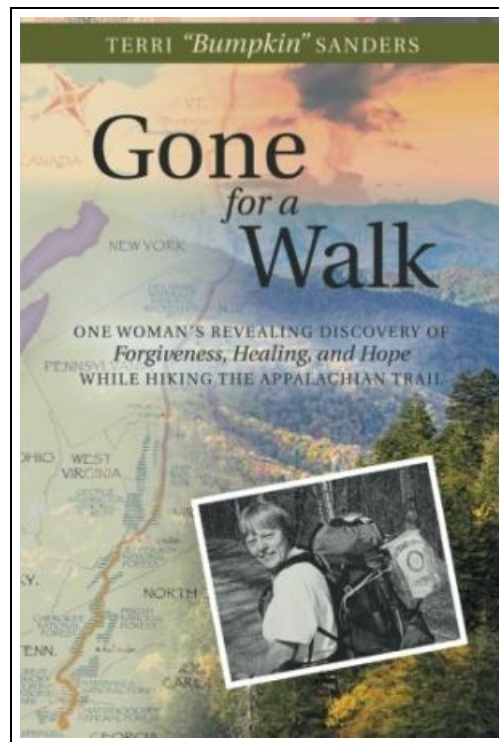


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WestBow Press, United States, 2015. Paperback. Condition: New. Reprint. Language: English . This book usually ships within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. When author Terri Sanders hiked the Appalachian Trail, her biggest surprise was not that the trail was difficult or long; it was that the true test of endurance arose not from climbing over boulders or walking in torrential rain storms, but from being willing to look inward at her emotional baggage and choose to let it go. A compilation of journal entries from the trail, *Gone for a Walk* presents a compelling look at her 2,100-mile odyssey hiking the Appalachian Trail. She shares not only the story of her journey, the people she met along the way, and the scenery she witnessed, but also a brutally honest glimpse of her life and the struggles she faced growing up and later in life. She shares valuable insights as the Lord speaks to her, convincing her of her self-worth and His great love and acceptance for her. Through these revelations, she was finally able to come home to herself with true acceptance. A story of hiking, hope, and healing, *Gone for a Walk* offers a look at profound moments of the healing touch of God and demonstrates that His love for us is everlasting. It tells of an odyssey, grounded in perseverance and goal setting that changed Sanders' life in unimaginable ways.



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