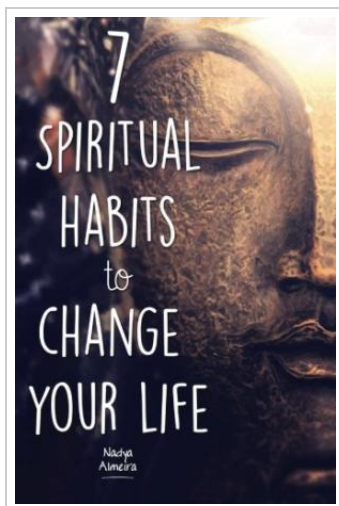




7 Spiritual Habits to Change Your Life: + Free 30-Day Companion Course (Paperback)

By Nadya Almeida

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. ? On Sale + FREE 30-Day Spirituality Course, Limited Time ? A stunning story and a powerful, inspirational guide. The 30-day bonus course is changing my life. ????? Do you ever get that nagging feeling that there is more to life? That the way you live, love, work, learn and socialize just isn't cutting it? Are you looking for something MEANINGFUL that you can use to change your life TODAY? This is my journey, and the beginning of yours. My trials and tribulations in life have led me on a path of discovery. From plowing the ruins and rubbles left behind by Hurricane Katrina to meditating in the heart of the Himalayas, I have been forced to reassess everything I thought I knew, growing and healing every step of the way. Throughout the years I have come to know my own ?pillars? of spirituality; the beliefs and habits I consider fundamental to a meaningful existence. If you wish to be happier, more present, more aware, then I can promise you results. If you simply want to lose yourself between...



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