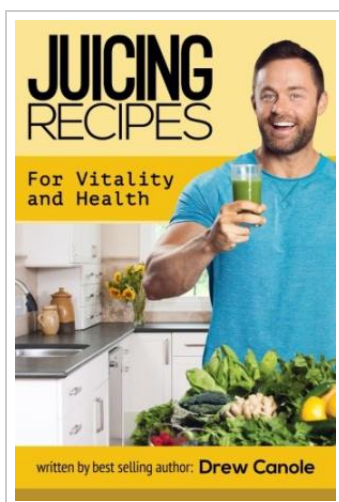




Juicing Recipes for Vitality and Health (Paperback)

By Drew Canole

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Juice Up your life! If there was ONE thing that you could do RIGHT NOW to change your body from within that literally had the power to transform your body on a cellular level and didn't involve any magical potions or pills, would you be interested? My friend, I have great news! Just a few short years ago, I was introduced to the life-changing powers of REAL food in the form of fresh pressed JUICE! Green juice to be exact. And my whole existence changed. YOURS CAN TOO! Do you want: More energy? Less cravings? Sharper focus and mental clarity? Better sleep? Balanced mood? To maintain a healthy weight? Well, these are just some of the benefits of juicing when paired with a balanced diet and lifestyle. And all you need is a juicer, fresh produce, the commitment to yourself and a no excuses attitude to take action! Author, Drew Canole has helped thousands of people transform their lives using real food, positive mindset and healthy habits. His favorite, of course, is teaching the benefits of JUICING for vitality...



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Reviews

Good electronic book and valuable one. It is one of the most incredible publication we have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

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This created publication is wonderful. This can be for those who statte that there had not been a worth looking at. Your lifestyle period will probably be transform when you comprehensive looking at this book.

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