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Crimson Publishing. Paperback. Book Condition: new. BRAND NEW, The 5-a-Day for Kids Made Easy: Quick and Easy Recipes and Tips to Feed Your Child More Fruit and Vegetables and Convert Fussy Eaters (2nd Revised edition), Karen Bali, Sally K. Child, We all know the benefits of eating fruit and vegetables every day. But how are you supposed to get your kids to eat the recommended five portions? Or even one or two for that matter? And what exactly is 5-a-day...

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- Authored by Karen Bali, Sally K. Child
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