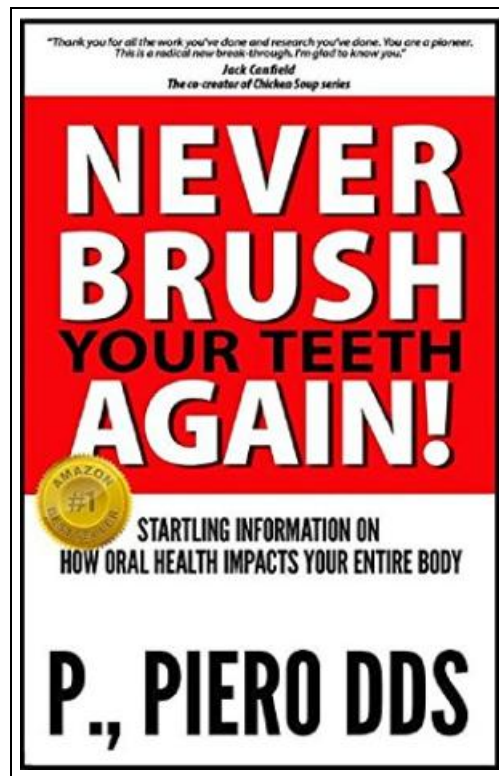


Never Brush Your Teeth Again!: Startling Information on How Oral Health Impacts Your Entire Body (Paperback)



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Reviews

This ebook is fantastic. It is probably the most awesome book i actually have read. I found out this ebook from my i and dad suggested this book to understand.
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P., Piero D.D.S., 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Even though you may brush your teeth diligently and consistently every day you still have bacteria, viruses, biofilm and even worm-like creatures living in, on, and around your teeth? Between 30 billion and 100 billion bugs live in your mouth right this second-even if you just brushed your teeth. They are so resilient that even after a mere three hours from your ordinary brushing and flossing, the organisms can return-causing numerous health problems affecting more than just your mouth. These persistent organisms can cause not only periodontal disease, but may also contribute to other health problems including diabetes, heart disease, COPD, arthritis and even many cancers. So how can you begin to fight off these organisms taking over your mouth and health? Brushing, flossing and mouthwash are not enough. One reason is that everyone has different brushing habits and techniques. Some people miss the same spots repeatedly. Some brush too hard and damage the root structure. Some only spend seconds brushing their teeth, while others take more time to get the job done. Not to mention that the brush you use today is filled with the bacteria you brushed off yesterday! All these things add up to lackluster results and a mouth teeming with bacteria. In addition diet, age and how often you receive professional cleanings play a significant factor in the health of your teeth. In *Never Brush Your Teeth Again* you will learn: -How bacteria, viruses and other organisms grow inside your mouth -How periodontal disease affects your body and immune system -How periodontal disease relates to heart disease, COPD, diabetes and even cancer -How pharmaceutical companies make money from your dental issues -Why two dental visits a year is...



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