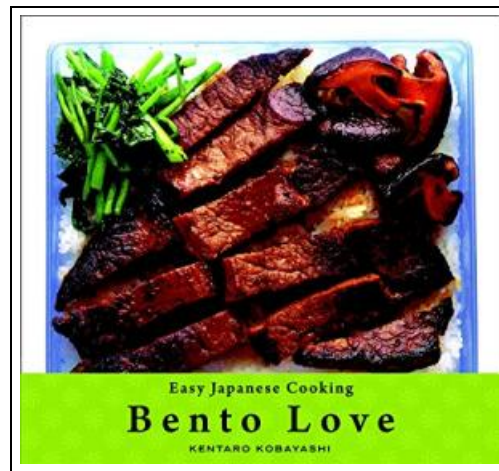


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Vertical Inc., United States, 2009. Paperback. Condition: New. Original. Language: English . Brand New Book. Easy Japanese Cooking: Bento Love features a collection of more than 60 mouth-watering, easy-to-make recipes designed to go. There are also columns on Spices, Seasoning and Tupperware for Making Bento, Bento I've Eaten, and White Rice Is Good. Categories and recipes include: One Day, I'll Reach My Dreams Meat Bento: Beef Steak / Heavy Steak / Pork Cutlet / Salt Flavored Chicken First off, Heating Up the Meat Side Dishes: Pork and Cabbage / Spicy Pork / Szechwan Pork / Meat and Peppers in Oyster Sauce / Sweet and Spicy Meat and Shiitake Mushrooms / Meat with Sesame Seed Seasoning / Meat and Broccoli / Chicken and Cashew Nuts / Chicken and Eggplant Completely Satisfied, Lots of Fish!: Capelin Fry / Fish and Chips / Pacific Saury Fry Bread Bento: Hamburger / Tatar Sauce and Fish / Sausage and Avocado Satisfaction Using Leftovers: Croquette and Meat / Savory Chicken / Meat Balls / Stewed Vegetables / Crispy Chinese Dumplings Main Dish in Big Volumes!: Spaghetti / Spinach and Pork Stir-fry / Egg, Chicken and String beans / Caviar and Rice / Stir-fry / Salmon over Rice Lots of Vegetables Hidden Inside: Cabbage and Ground Pork Cutlet / Veggie Burger / Vegetable Spring Roll / Vegetables and Fried Oysters Boiled Dishes to Add-On: Peppers in Oyster Sauce / Peppers in Sesame Sauce / Miniature Shrimp and Pods / Sweetened Spinach / Sausage and Spinach / Sweet Potato and Honey / Potatoes and Cheese / Potato, Ham and Cheese / Sesame Butter Potatoes / Broccoli and Ham / Asparagus and Bacon / Spicy Carrots / Tasty Cabbage / Chinese Chicken / Pickled Plum Flavored Chicken and Cucumber.

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