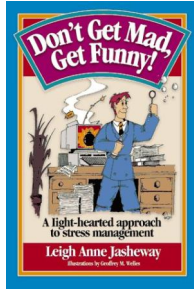


## Dont Get Mad, Get Funny! A Light-Hearted Approach to Stress Management



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