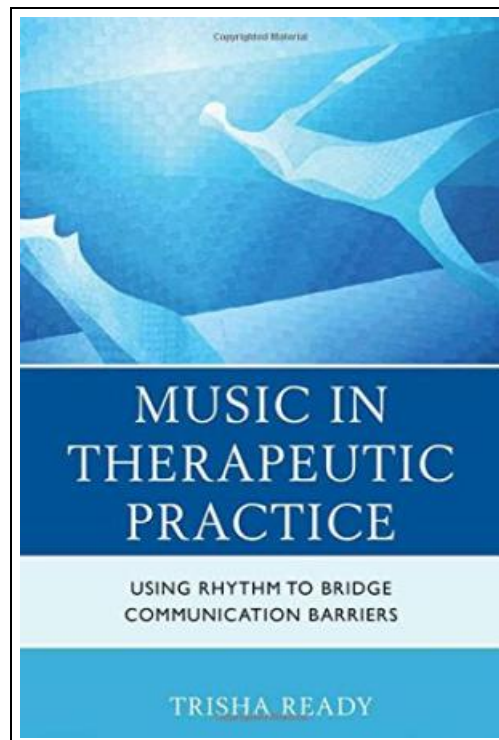


Music in Therapeutic Practice: Using Rhythm to Bridge Communication Barriers (Hardback)



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Reviews

This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Prof. Dale Fahey MD)

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ROWMAN LITTLEFIELD, United States, 2016. Hardback. Condition: New. Language: English . Brand New Book. Music in Therapeutic Practice: Using Rhythm to Bridge Communication Barriers builds upon an emerging awareness in psychotherapy that music can create therapeutic rapport with patients. Music has been described as our first language, beginning with our mother s heartbeat. Ready illustrates how music provides alternative access to patients undergoing severe mental health issues by interweaving the psychoanalytic theories of Wilfred Bion, Daniel Stern, and others with those of ethnomusicologists, psychobiologists, and neurobiologists who believe our early urges toward music are attempts to socially bond. Theory comes to life through vivid case studies and excerpts from individual sessions and psychodynamic therapy groups. Building music into treatment can transform the therapeutic process, making music a powerful ally to both patients and clinicians.



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