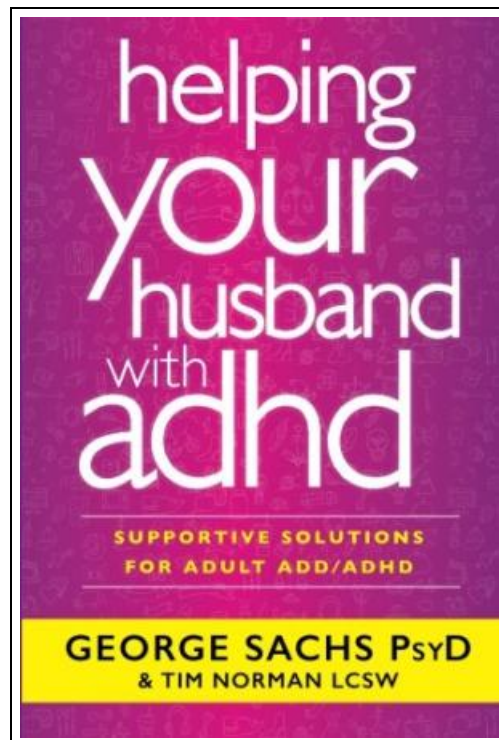


Helping Your Husband with ADHD: Supportive Solutions for Adult ADD/ADHD (Paperback)



Filesize: 1.38 MB

Reviews

This book is definitely not effortless to start on reading through but extremely fun to learn. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Aliya Franecki)

HELPING YOUR HUSBAND WITH ADHD: SUPPORTIVE SOLUTIONS FOR ADULT ADD/ADHD (PAPERBACK)

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Sachs Center, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do you ever feel like your husband is an overgrown child? Or a really big teenager that needs to be reminded of everything or he'll forget. He's restless. He's jumpy. He's impatient, impulsive, and chronically late! He simply refuses to get organized and puts off everything--and I mean everything--until the last minute. Is this the guy you married? What the heck happened to him? Was he always this way? Or is it all in your head? More importantly, is there anything you can do to fix it, or do you have to suffer with his atrocious habits for the rest of your life? It's difficult enough managing your career, the house and the kids. Who has time to micromanage their husband's life? If you are the wife of a man with ADD/ADHD this may have struck a painful chord, and for good reason. Beyond the daily difficulties of being on the receiving end of ADD/ADHD, your plight is often ignored by therapists and other professionals. Yes, many books and articles have been written describing the challenges of people with ADD/ADHD, but few focus on those who suffer the most from this condition - namely, their partners. This book is an attempt to do just that; to offer solid education and practical tips to help you deal with the daily frustrations of living with someone who has ADD/ADHD. This book is a helpful guide for women who think their husbands might have ADD/ADHD. Or for women whose husbands have already been diagnosed. George Sachs PsyD and Timothy Norman LCSW offer advice for wives to help their husbands live a successful life with Adult ADD/ADHD. Learn ways to...

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