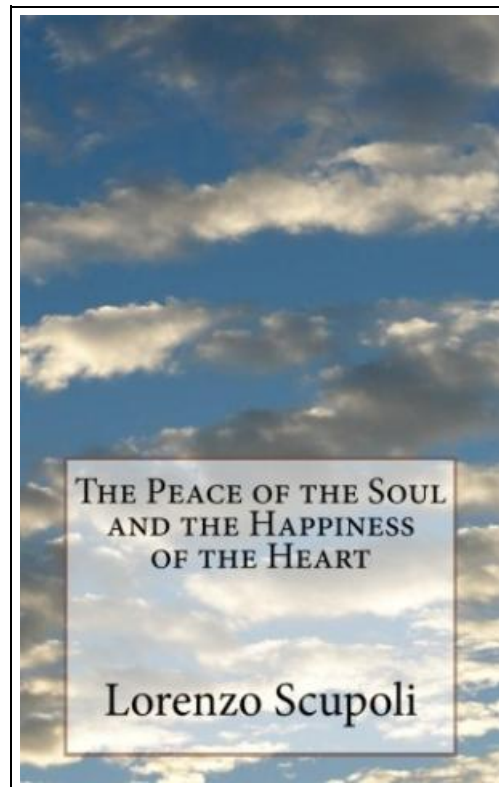


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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Peace of the Soul and the Happiness of the Heart By Catholic Author, Lorenzo Scupoli CHAPTER I. Of the nature of man s heart, and the manner of governing it. God created the heart of man to no other end than to love Him, and be beloved by Him again. The excellence of this end of the creation ought to convince us that it is the most noble and most excellent work of His almighty hand. On the government of this alone, depends our spiritual life and death. The art of governing it must need be very easy, since its true character is to act through love, and to do nothing by force. All we have to do is to watch with great calmness, the true spirit of our actions. To observe from whence they spring and whither they tend. Whether they are actuated by the heart, the source of divine love; or by the understanding, from whence arises human vain glory. You will discover that it is the heart which influences you in your good works, through a motive of love, when all you do for God seems little, and after doing your best, you are ashamed of having done so little. But you may conclude, that your actions proceed from the understanding, moved by worldly motives when your good works, instead of producing meek and humble sentiments, leave nothing behind them, but the empty illusions of vain glory, puffing you up with a false notion of having performed wonders, when in fact you have done nothing that is praiseworthy. Man s warfare mentioned by Job, consists in watching thus continually over ourselves. This is to be performed without the...



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