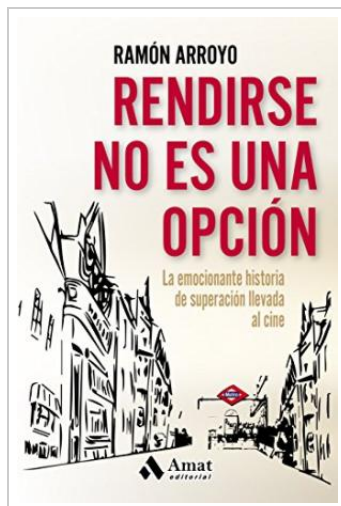




Rendirse no es una opción (Spanish Edition)

By Ramón Arroyo

Lectorum Pubns (Adult). Paperback. Condition: New. 176 pages. Dimensions: 9.1in. x 6.1in. x 0.8in. Ramón Arroyo was just 32 years old when he was diagnosed with multiple sclerosis. Up until then, he thought he had it all. The prognosis was grim. The doctors told him soon he would not be able to walk, but, instead of giving in, he started running. A few years later, he competed in his first Ironman competition. He shows readers that nothing should ever keep you down if you set your mind to it. Cuando me diagnosticaron esclerosis múltiple, un médico me aseguró que en poco tiempo no podría caminar ni 200 metros. Unos años después, participaba en mi primera Ironman, la prueba más exigente del triatlón. En 32 años lo tenía todo: era un hombre sano, enamorado, con sentido del humor y luchador. Ejecutivo comercial en una gran empresa, viajaba constantemente por todo el mundo, saltando de un continente a otro con la misión de cerrar acuerdos importantes. Mi vida profesional transcurrió entre países exóticos, hoteles lujosos, esperas en aeropuerto, aviones estrechos y reuniones tensas e interminables. Lo tenía realmente todo. Pero aquello parecía desvanecerse para siempre una mañana de vacaciones. Se me cayó el...



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