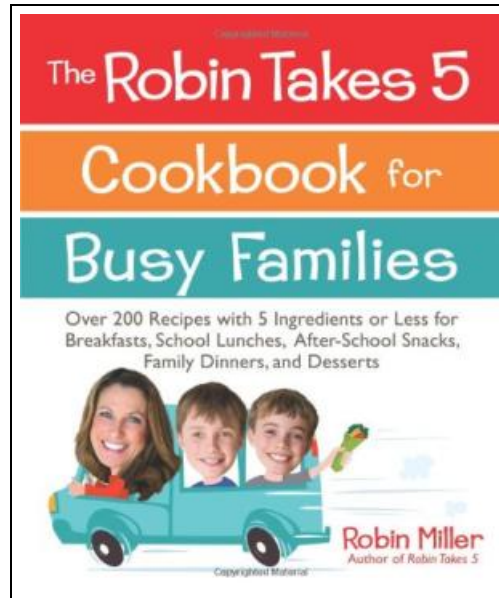


The Robin Takes 5 Cookbook for Busy Families: Over 200 Recipes with 5 Ingredients or Less for Breakfasts, School Lunches, After-School Snacks, Family Dinners, and Desserts



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Reviews

Complete guideline for publication fanatics. It is actually writter in straightforward words rather than confusing. I am effortlessly could get a pleasure of looking at a written book.

(Kirstin Schuppe)

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Andrews McMeel Publishing, United States, 2013. Paperback. Book Condition: New. Original.. 226 x 190 mm. Language: English . Brand New Book. Imagine your day like this: a nourishing breakfast; a gourmet lunch; creative afternoon snacks; a scrumptious family dinner; a decadent dessert. Dream no more: This can be your typical day because The Robin Takes 5 Cookbook for Busy Families boasts 200 recipes that are ready in a flash with 5 ingredients or less. Robin brings her real-life experiences to the page. Her book is not only full of her best busy-family recipes, but also tips and stories to remind us that we are not alone in trying to get a nutritious and delicious dinner on the table for a busy (and hungry!) family. Melissa d Arabian, host of Food Network s Ten Dollar Dinners and author of Ten Dollar Dinners This book is loaded with fun, easy, kid-friendly recipes that can take the stress out of feeding your family well, and make it completely doable even when life is at its most hectic. Kudos to Robin for covering all the busy-family bases! Ellie Krieger, RD, host of Food Network s Healthy Appetite and author of Comfort Food Fix You can t create a truly useful cookbook for busy families unless you re actually living the life. And Robin Miller lives the life! Her boys and husband keep her busy, plus Robin s a chef, nutritionist, cookbook author, and TV personality. Like you, she faces mealtime dilemmas every day, from morning until night. Thankfully, Robin shares her secrets for creating delectable food in minimal time with few ingredients. How does this sound? Jump-start your day with Flapjacks with Cheddar and Bacon or Huevos Rancheros on English Muffins. Let the kids enjoy the Almond Coffee Cake while you pack Chicken Caesar...



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