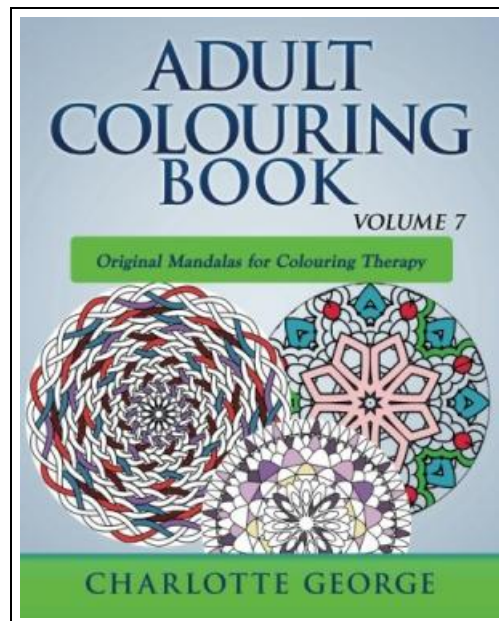


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.This is volume 7 of the Adult Colouring Book series by Charlotte George. The author has expressed her passion for colouring through these books and will continue to create different patterns and themes over the coming months so check out her website for more information as these books develop. As with all previous colouring books there are many different levels of colouring for you to get your teeth into. There are some simpler ones to start off with, some more challenging ones and then there are some really detailed ones that will take a little longer. These are all mixed in together so you can decide yourself what level you want to colour at depending on your mood or time constraints. Whichever one you decide to do, just enjoy your time colouring. Here is what you should do to start: Grab a cup of your favourite drink, pick somewhere quiet to colour and switch off your phone, tablet, computer, or any other distracting media. Pick a Mandala from the 50 original designs in this book and begin colouring. Let your imagination take over and you will soon feel the pleasure of creating beautiful patterns and have some precious ME time. If you haven't already discovered this you will soon realise how addictive colouring becomes and how much enjoyment there is in something this simple. So pick up this book now and start colouring your socks off.



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