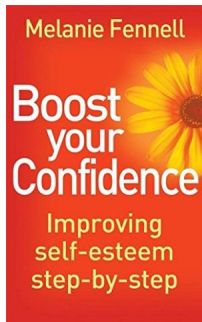


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BOOST YOUR CONFIDENCE: IMPROVING SELF-ESTEEM STEP-BY-STEP



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