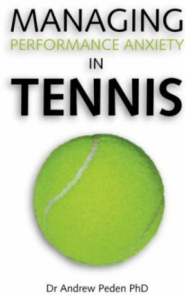


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Trafford Publishing, Canada, 2007. Paperback Book Condition: New. 213 x 135 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is aimed at managing performance anxiety in tennis from a sports psychology perspective. Have you ever found yourself worried and tense about a game you were due to play? On court, have you ever felt your breathing becoming laboured, your legs heavy and butterflies in your stomach? Have you cursed your inability to play simple shots,...

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- Authored by Andrew David Peden
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