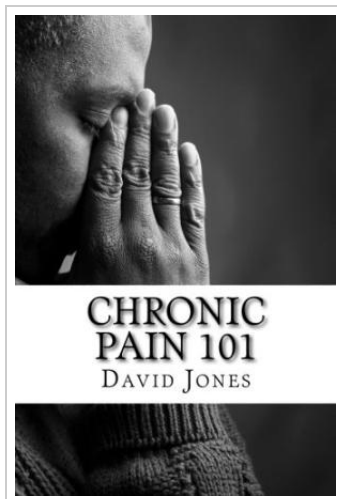




Chronic Pain 101: How to Cure Chronic Pain (Paperback)

By David Jones

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This book contains proven steps and strategies on how to relieve chronic pain. This book describes safe, effective, and permanent relief from chronic pain without prescription medications, physical or mental therapy or invasive surgery. The bones of our bodies are the framework of support for our bodies, similar to the wall studs and beams of your houses. Yet the alignment of our skeleton along the vertical axis of gravity is generally ignored today, even by health and fitness experts. We now live in a culture of slouching TV watchers and sedentary lifestyle, making us prone to a major case of chronic pain. Whether you are experiencing migraines, back pain, arthritis, fibromyalgia or undergoing chemotherapy, with the aid of this book you will quickly learn to manage your pain and live life fully once again.



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Reviews

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