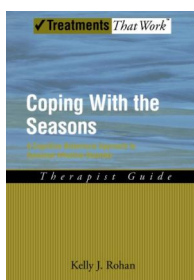


Coping with the Seasons A Cognitive Behavioral Approach to Seasonal Affective Disorder, Therapist Guide Treatments That Work



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