



Meaningful Living Across the Lifespan: Occupation-Based Intervention Strategies for Occupational Therapists and Scientists (Paperback)

By Moses N. Ikiugu, Nick Pollard

Whiting Birch Ltd, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In this book, Ikiugu and Pollard explore the notion of meaningfulness, in the light of Viktor Frankl's (1992) assertions that the will to meaning is the primary motivation for behavior in human existence, and that the frustration of the pursuit for meaning in the modern and Western world constituted what he termed existential vacuum, leading in turn to what he called noogenic neurosis or the disease of meaninglessness. The authors then show how occupation can be used in meaning-making to counter the disease of meaninglessness. Though the notion of the notion of meaningfulness is central to occupational therapy practice (AOTA, 2008), it has never really been investigated in depth in the professional literature. This book is aimed at occupational therapy and occupational science students, occupational therapy clinicians, and occupational scientists. Each chapter begins with learning objectives, personal growth objectives, and definition of key terms, followed by the content, and finally by self-exploration exercise. This approach makes the book applicable to students who are studying the relationship between occupation and meaningful living. The exercises are experiential making it...



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