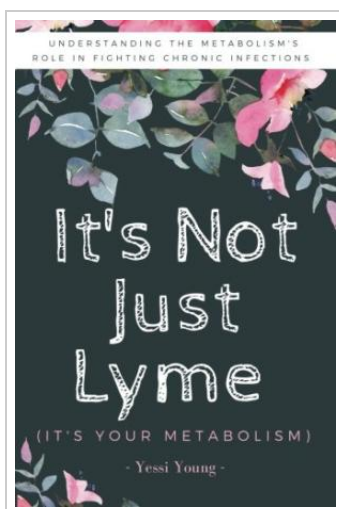




It's Not Just Lyme: It's Your Metabolism: Understanding the Metabolism's Role in Fighting Chronic Infections (Paperback)

By Yessi Young

Jessica Kotzer, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Is -herxing- a good thing? Why aren't antibiotics curing patients? Is diet the - answer-? Experts can't agree and Lyme Disease patients are left with multiple symptoms years into treatment. We want to be warriors, but instead become victims of deteriorating constitutions, highly sensitive to foods and our environments, and no better off than before starting doctor-recommended protocols. Metabolism - a hugely underrated aspect of Lyme recovery - is the breakdown and build-up of all sorts of things such as nutrients, drugs, bugs, and muscles. It correlates with better digestion, nutrient absorption, cellular communication, endocrine and hormone function, body temperature regulation, drug n bug detoxification, immunity and more. This book will give you an introductory understanding of your metabolism without overwhelming, pigeon-holing or telling you what to do. Conversely, this book is for the individual seeking empowerment and tools that personalize treatment approaches. It's authentic, transparent and different than your ordinary book on Lyme. You will finish it with a better understanding of what happens to your metabolism when you are chronically ill, why repairing your metabolism is imperative to recovery,...



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