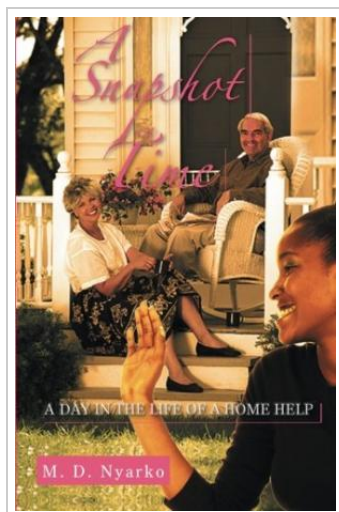



[DOWNLOAD](#)

[READ ONLINE](#)
[\[3.42 MB \]](#)

A Snapshot in Time: A Day in the Life of a Home Help (Paperback)

By M D Nyarko

Trafford Publishing, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book is about my employment as a Home-help during the 70 s. I was born in Ghana and came to England, as a young adult. I didn t have any ideas about what work I should do and never imagined that I would become a Home-help at the grand old age of 19 years! However, this was what I became and found this was not only a new experience, but also a very valuable one. I was not given any training and started this job with a fresh innocence , but became very knowledgeable soon afterwards. I would have to make three visits in one day; most people were either elderly or disabled. Caring for people then was very different to caring today. My daily routine would consist of making coal fires, cleaning the grates, shopping and collecting pensions. Making a coal fire was an art in itself! I would collect coal from the coal bunker (a sort of brick building at the back of the house.) Not everyone had fridges, hoovers, carpets and telephones, so caring was hard and time...

Reviews

Excellent electronic book and valuable one. We have read and so i am sure that i am going to likely to study again once more in the foreseeable future. I am just happy to inform you that here is the very best book i have read during my personal lifestyle and might be he greatest book for possibly.

-- **Brendan Wuckert**

Comprehensive guide for ebook fanatics. It really is rally fascinating throgh reading time. Its been designed in an exceptionally simple way and is particularly only following i finished reading this ebook through which really changed me, modify the way in my opinion.

-- **Frederique McClure**