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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.How Can You Go Wrong With 100 Superfoods Smoothies? Superfoods Yellow Smoothies contains more than 40 Smoothie recipes created with 100 Superfoods ingredients. No soy milk, no cows milk, no artificial flavors, only 100 natural Superfoods that deliver astonishing amounts of antioxidants, essential fatty acids (like omega-3), minerals, vitamins, and more. Superfoods are foods and the medicine and...

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- Authored by Don Orwell
- Released at 2015



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Reviews

Completely essential read publication. I am quite late in start reading this one, but better then never. You wont truly feel monotony at at any moment of your time (that's what catalogs are for regarding should you question me).

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