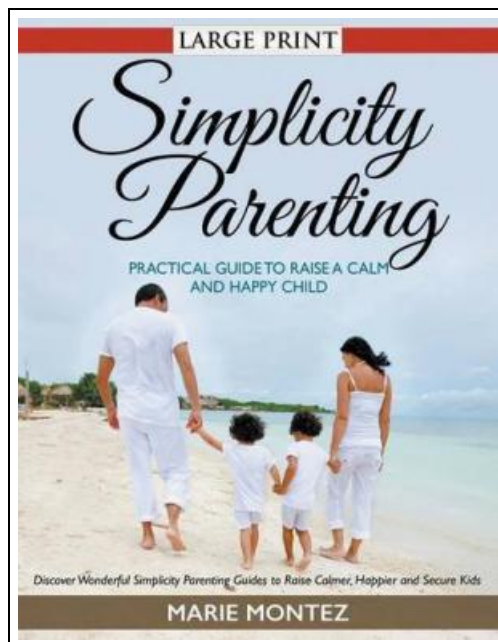


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Reviews

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(Llewellyn Terry)

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- o Schedule a break in the routine. Establish intervals of calm and and connection in your child s daily torrent of constant doing.
- o Scale back on media and parental involvement. Manage your children s screen time to limit the endless deluge of information and stimulation.



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