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THE HAPPY BUS (PAPERBACK)



Lulu.com, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Louisa Campbell, a former mental health nurse, grew up coping with her childhood by dissociating: splitting off difficult experiences into different parts of her personality. She writes as adult and child, therapist and patient, and even as a dog, as she charts the bumpy ride from dissociation, through anger, depression and anxiety to clarity, peace and joy. She hopes anyone who has had to lock..

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- Authored by Louisa Campbell
- Released at 2017



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