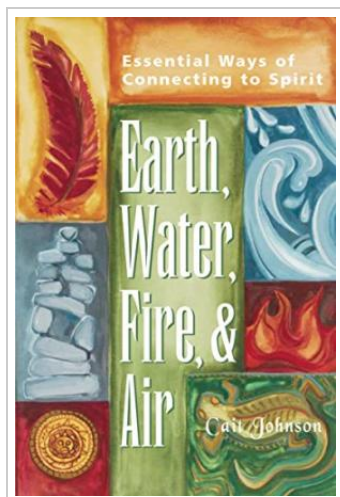



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Earth, Water, Fire Air: Essential Ways of Connecting to Spirit (Paperback)

By Cait Johnson

Skylight Paths Publishing, 2002. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Discover the elemental approach to spirituality--keys to self-healing and re-connection to the earth. When we explore and savor and interact with these elements, we are both remembering a primal connection and forging it anew. Welcome, then, to this travel guide for a journey with a particular purpose: connecting with the elements that are so basic and universal to all of us. We will look at the many ways that different faiths have danced with earth, water, fire, and air throughout history, coming to a deeper appreciation of each way's uniqueness and a greater respect for one another's paths, at the same time remembering the commonality of our human beginnings. --from the Preface The root of human spirituality is grounded in four elements--earth, water, fire and air. They are common to all people and almost every spiritual path; they are the keys to our understanding of Spirit; and they can help you achieve personal fulfillment and re-connection with others. This inspiring guidebook explains the role of the elements in different faith traditions and how they've been incorporated into religious practices...



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