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Prayer Meditation Silence

By H.P. van Tuyll, Van Tuyll Van Serooskerken

East-West Publications. Paperback. Book Condition: new. BRAND NEW, Prayer Meditation Silence, H.P. van Tuyll, Van Tuyll Van Serooskerken, This book deals with the need for prayer, meditation and silence to develop inner peace and nearness to God. The desire to follow a spiritual path, to seek guidance from a spiritual teacher, and to change one's life so that there is sufficient time and space for spiritual practices are described in this book. The teachings of Hazrat Inayat Khan, the great Sufi mystical teacher are explained and many practical indications for prayer and meditation are given.

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