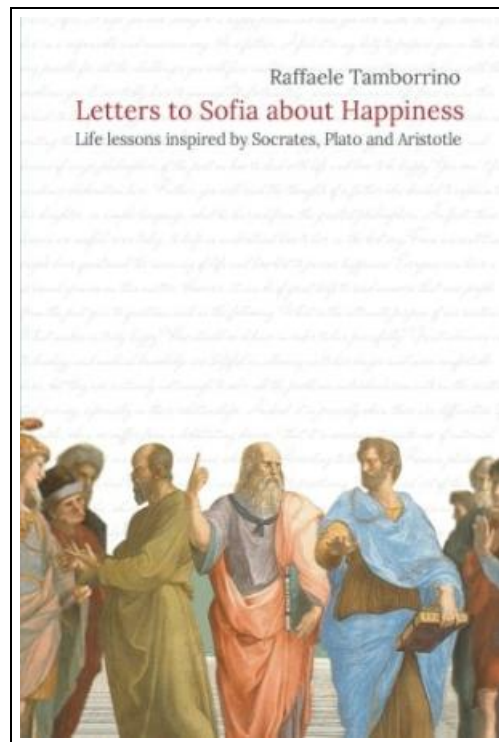


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.A father, living far away from his family because of his work, decides to write some letters to his daughter Sofia. His letters are animated by the desire to support her growth and to teach her important moral values. Inspired by Socrates, Plato and Aristotle, he puts together lessons of philosophy, ethical teachings and his personal considerations, all of which are useful for reflecting on how to make our lives happier. In Letters to Sofia about Happiness, the author explains, with simple language and a practical approach, the thoughts of these leading philosophers of Athens with the intention of demonstrating the accessibility of their theories. The teachings of these three great fathers of Western philosophy, together with pearls of wisdom borrowed from other important thinkers, become a precious guide to understand how to develop an authentic life. A challenge to the readers? Maybe. Perhaps these letters will appear bizarre in the present day. And if it were not so bizarre? Discovering (or rediscovering) these great classics could be a very wise choice. From the Preface by Antonella Di Maio Letters to Sofia about Happiness is a tale, founded on didactic and epistolary letters, characterised by its narrative simplicity. It has an agile and linear text structure and is richly imbued with life lessons. At its base is the noble idea of a father who dusts off some of the finest pages of classical thought to help his daughter grow up with moral values. Writing to Sofia, the author traces and updates issues that immortalised Socrates, Plato and Aristotle. The three great fathers of Western philosophy are not just voices in a distant and apparently elusive past; they can become life companions whose...



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