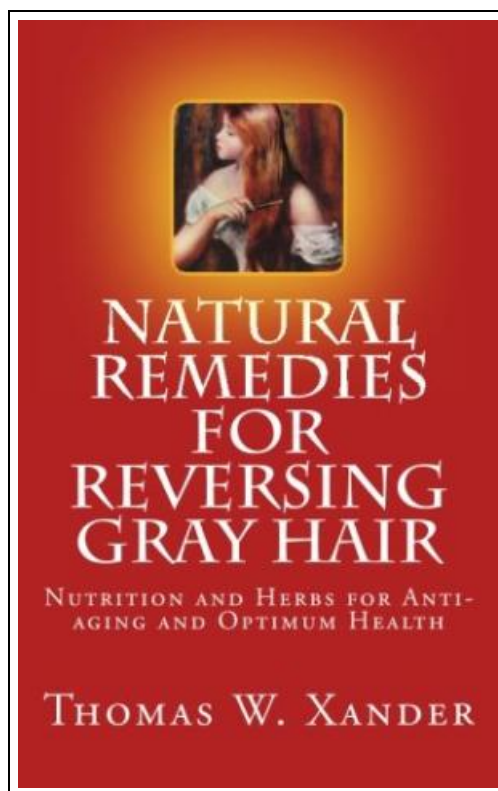


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NATURAL REMEDIES FOR REVERSING GRAY HAIR: NUTRITION AND HERBS FOR ANTI-AGING AND OPTIMUM HEALTH (PAPERBACK)



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Winter Tempest Books, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Gray hair is neither a desirable nor an inevitable condition. It is a health problem that should be addressed instead of covered up. Unfortunately, it is usually not taken seriously by allopathic medical doctors unless it is recognized as part of another disease condition. Concerns about gray hair are far more than vanity. Gray hair is a sign that the body is not functioning properly, which can lead to much bigger health problems if it is not remedied. The main cause of gray hair is nutritional deficiency, which contributes to the commonly cited secondary causes such as a malfunction of the digestive or glandular system and stress. The author shows you how to design your own personalized gray hair reversal regimen based on the information in this book. Learn what to eliminate from your diet and what to include. Learn about specific gray hair remedies and their commonalities.



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