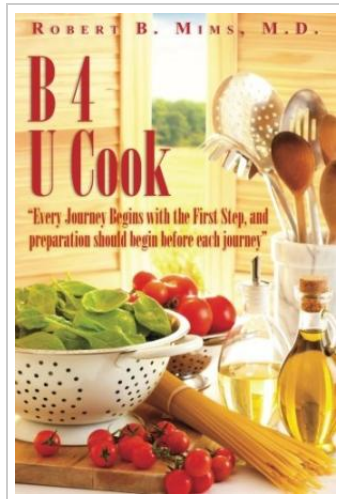




B 4 U Cook

By Dr Robert B Mims

Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.I can t cook, at least not yet. So people often remark How can you write a cookbook if you can t cook. Well, when I look at a recipe it seems like it s written in Martian which I don t understand at all. I reasoned that established cooks already speak the cooking language and thinks everyone else understands what they are advising. But we non-cooks don t. Therefore, there is need for information which introduces cooking to people at the beginning stage, i.e. learn the cooking language and tools before they attempt to cook from a recipe. One needs to know a little something about the auto and auto language before driving a car, or likewise fly an airplane, process words on a computer, text messages on a cell phone, do power point, teach a class, do brain surgery, and so on. So why not before you cook? It is with this beginner s concept in mind that I offer my Before You Cook (B4U Cook) for all those out there, young and old, who do...

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