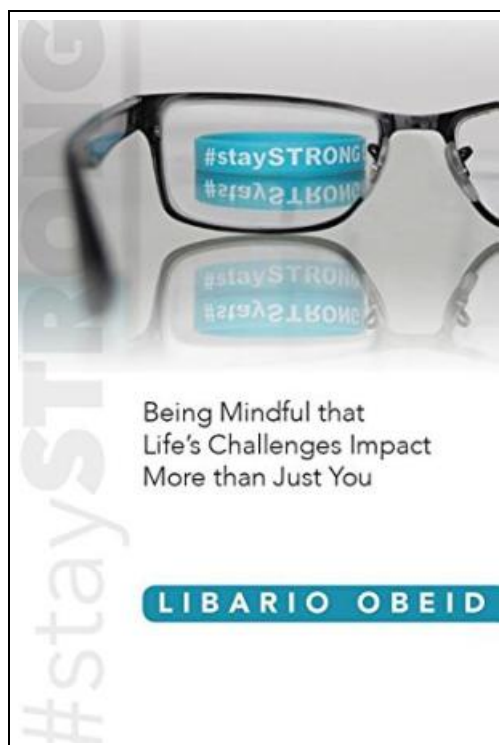


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Reviews

Absolutely among the best book We have ever study. It is actually writter in easy words instead of hard to understand. I found out this publication from my i and dad encouraged this book to find out.
(Kristina Rippin)

STAYSTRONG: BEING MINDFUL THAT LIFE S CHALLENGES IMPACT MORE THAN JUST YOU (PAPERBACK)

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DC Press, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. What do you do, when a medical diagnosis rips your entire world apart -- especially when you re only 17? This is what Lib Obeid faced, when at the top of his high school tennis game (one of the best in the state of Pennsylvania), with preparations for college and medical school practically complete, when the pain in his shoulder, the increasing pressure and pain in his chest, as well as the onset of debilitating fatigue, found him receiving a diagnosis of Stage IV Mediastinal Non-seminomatous germ cell cancer. Originally misdiagnosed as allergies, as the disease progressed, the symptoms and the associated pain all increased. What happened next shocked even the attending physicians. Various tests, and eventual scans revealed what appeared to be a mass in Lib s chest, near his heart. While Lib was locally anesthetized (not unconscious due to issues over blood pressure) and a biopsy conducted. Able to feel his chest being cut into, Lib rode the waves of pain and fear, until the sample was retrieved. What was discovered was a tumor, the size and weight of a premature baby, wrapped around his heart, placing extreme pressure on on of his lungs, extending upward into his left shoulder. This was followed by open-heart surgery to unwrap and remove the tumor, in one piece, from Lib s chest and shoulder. As successful as the surgery was, he still faced months of intense chemotherapy. The rollercoaster rie was maddening -- on Lib, not to mention his immediate family and close, close friends. It was during this lengthy period of treatment and therapies and rehabilitation that Lib came to realize the immense impact that his challenges were having on all these other people. As a...

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