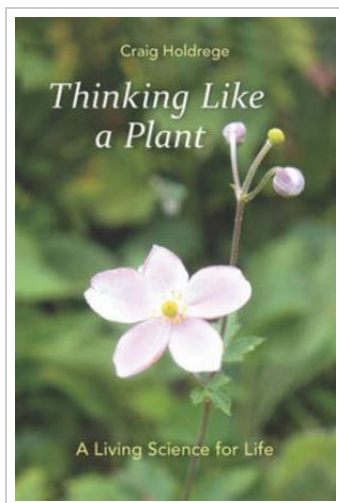




Thinking Like a Plant: A Living Science for Life

By Craig Holdrege

SteinerBooks, Inc. Paperback. Book Condition: new. BRAND NEW, Thinking Like a Plant: A Living Science for Life, Craig Holdrege, We often instinctively feel that our lives would be better if we lived closer to nature. In this unique book, Craig Holdrege offers a specific, practical way of taking that step which, he argues, will significantly benefit ourselves and our world: starting to think like a plant. Plants are both dynamic and resilient, intimately connected to their environment. If we can slow down, Holdrege explains, study plants carefully and consciously internalise how they live, a transformation will begin inside us. We will become more fluid and dynamic, more strongly embedded in our world, and more sensitive and responsive. These are qualities that we need as a culture and a society if we are to be sustainable. This is a surprisingly practical guide to a new way to relate to our environment.



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