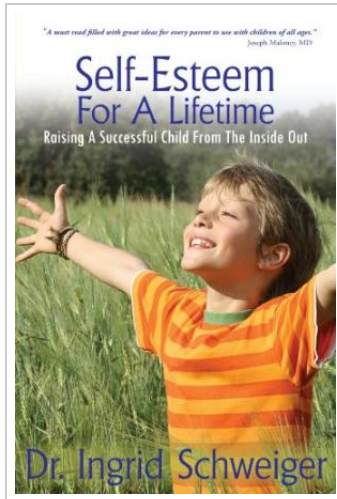




Self-Esteem For A Lifetime Raising A Successful Child From The Inside Out

By Dr. Ingrid Schweiger

AuthorHouse. Paperback. Condition: New. 132 pages. Dimensions: 8.8in. x 6.0in. x 0.5in. A must read for all parents filled with great ideas for children of all ages. Joseph Maloney, MD This is an invaluable book. Dr. Schweiger writes passionately, sharing her very seasoned professional and personal experience and expertise. Without judgement, and with a great deal of compassion, she provides parents with a blueprint for nurturing their children's self-esteem, the foundation for all happiness and well-being. An essential book that can benefit all. Ann Hatkoff, Author Building your child's self-esteem is a process that begins at birth and continues throughout a lifetime. In Self-Esteem For A Lifetime, you will learn how building your child's self-esteem influences: How and what your child achieves; How your child socializes; How your child loves; How your child will make decisions throughout his or her lifetime. This book is truly a therapeutic experience. By sharing expertise based on thirty years of clinical work, providing thought-provoking exercises and opportunities for journaling, this book teaches the skills needed to prevent common childhood problems and build your child's self-esteem. Dr. Schweiger will support you in creating a home environment based on mutual respect and open communication. You will...



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Reviews

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Here is the very best book I have study until now. It is really fascinating through looking at period of time. It is extremely difficult to leave it before concluding, once you begin to read the book.

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