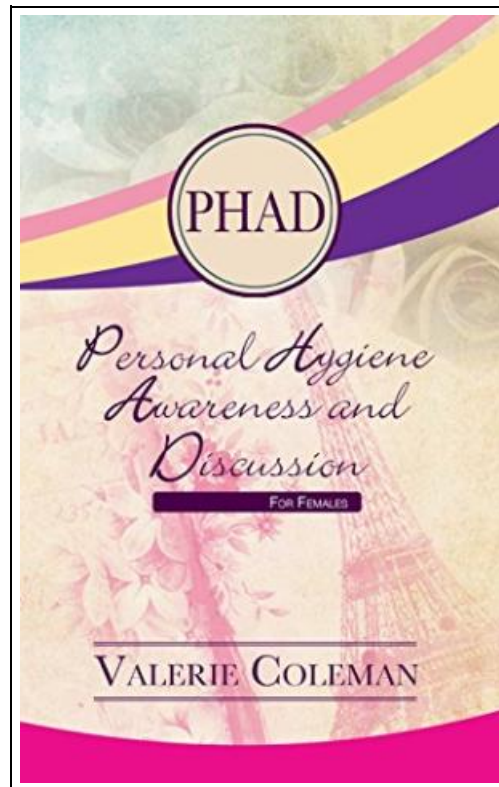


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PERSONAL HYGIENE AWARENESS AND DISCUSSION FOR FEMALES (PAPERBACK)

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Xulon Press, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Females are such unique people. From an early age up to a mature senior, many changes take place within our bodies. We want to ask somebody else about certain issues; but, we don't always know what to ask. If only we felt the freedom to have open discussions without fear of feeling like, Will I sound ignorant?, Shouldn't I know that already?, or something similar. I believe it's time to discuss a few personal things about hygiene and various feminine issues. Girls need basic foundation that will help them as they enter young adulthood. Also, there are some things older females have not been taught or not had the opportunity to talk about candidly. Let's Talk! As a result of having shared about personal hygiene issues and enjoyed some very interesting conversations with other women, this book has manifested. It focuses on imparting good, healthy personal hygiene habits and creating a helpful resource on how to begin and continue effective personal hygiene routines. Enter into this book of discussion, individually or as a group, and see if you get the answers to some of your questions. Author Bio: Valerie is the wife of her high school sweetheart, mother of two young ladies, and Grammy to four amazing grandchildren. During her junior year of high school, she entered Corporate America's workforce part-time. Upon completion of her senior year and after graduation, she got married and transitioned into full-time employment in the Insurance industry; she continued working in the industry for twenty-four years. In 2004, Valerie voluntarily left the corporate scene to dedicate more time to the profession of Cosmetology, serve her family, as well as extend her ability to volunteer...



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