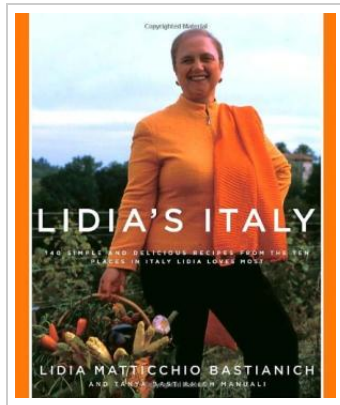




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Lidia s Italy (Hardback)

By Lidia Matticchio Bastianich, Tanya Bastianich Manuali

Alfred A. Knopf, United States, 2007. Hardback. Condition: New. New. Language: English . Brand New Book. Featuring 140 mouthwatering new recipes, a gastronomic journey of the Italian regions that have inspired and informed Lidia Bastianich's legendary cooking. For the home cook and the armchair traveler alike, Lidia s Italy offers a short introduction to ten regions of Italy--from Piemonte to Puglia--with commentary on nearby cultural treasures by Lidia s daughter Tanya, an art historian. - In Istria, now part of Croatia, where Lidia grew up, she forages again for wild asparagus, using it in a delicious soup and a frittata; Sauerkraut with Pork and Roast Goose with Mlinzi reflect the region s Middle European influences; and buzara, an old mariner s stew, draws on fish from the nearby sea. - From Trieste, Lidia gives seafood from the Adriatic, Viennese-style breaded veal cutlets and Beef Goulash, and Sacher Torte and Apple Strudel. - From Friuli, where cows graze on the rich tableland, comes Montasio cheese to make fricos; the corn fields yield polenta for Velvety Cornmeal-Spinach Soup. - In Padova and Treviso rice reigns supreme, and Lidia discovers hearty soups and risottos that highlight local flavors. - In Piemonte, the...



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