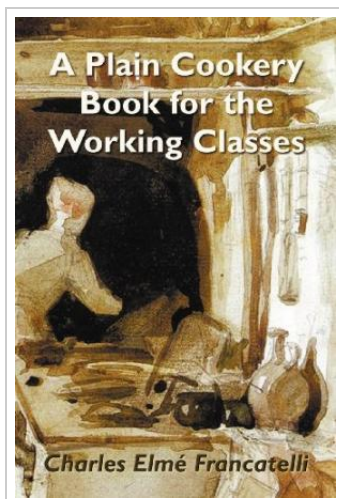




A Plain Cookery Book for the Working Classes (Paperback)

By Charles Elme Francatelli

Benediction Classics, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Charles Elme Francatelli, although a chef to Queen Victoria herself, wrote this little book in 1852 to encourage the working classes to cook nourishing food for themselves using cheap but wholesome ingredients. As well as the many recipes, it also contains sections on food for invalids, medicinal concoctions and the preparation of nourishing and economical soup for the poor. It is a great sourcebook for ordinary nineteenth century recipes - and offers a fascinating window on the past - some ingredients that were then thought common are now considered delicacies, other common foodstuffs of that time are now rarely eaten at all.



READ ONLINE
[9.1 MB]

Reviews

Totally among the best publication I actually have actually go through. It can be filled with wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Glen Ernser**

This book is so gripping and fascinating. Of course, it is actually perform, still an interesting and amazing literature. You will not feel monotony at anytime of your respective time (that's what catalogs are for about in the event you request me).

-- **Prof. Ophelia Wiegand I**