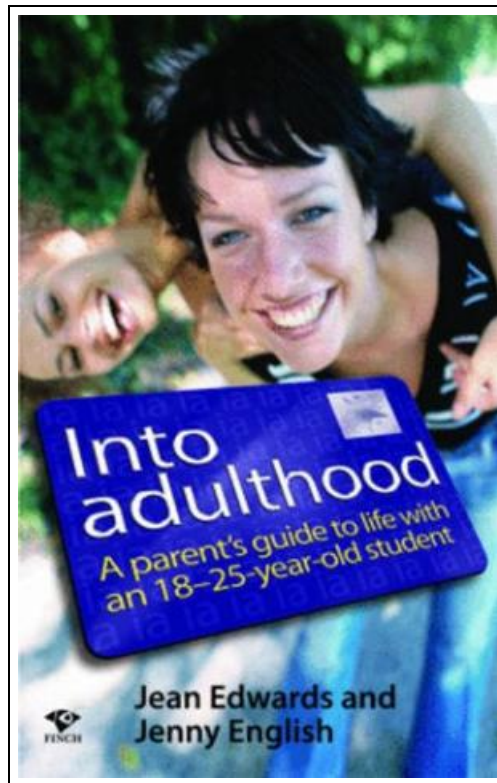


Into Adulthood: A Parents Guide to Life with an 18 - 25 Year Old Student (Paperback)



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Reviews

This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Prof. Dale Fahey MD)

INTO ADULTHOOD: A PARENTS GUIDE TO LIFE WITH AN 18 - 25 YEAR OLD STUDENT (PAPERBACK)



Finch Publishing, Australia, 2006. Paperback. Condition: New. Language: English . Brand New Book. Into Adulthood is a practical guide for parents of young people who have finished school and are progressing to further study at university, TAFE college or any other tertiary institution. The authors, both university counsellors, work daily with the problems faced by students, and know well the stresses associated with moving from the more sheltered environment of high school to the independent world of tertiary study. Into Adulthood also helps parents to understand and deal with what their children go through during the transition from late adolescence to adulthood, explaining the emotional and behavioural responses of students and parents to these changes. The authors tackle the key issues that parents and students face: The challenges of First Year, Navigating the subsequent years The questions of emerging adulthood (Who am I? What do I believe in? What are my abilities? What direction do I want my life to take?) The complications of sexual friendships, Growing independence and changing relationships in the family, Maintaining good parent-child communication (especially about difficult subjects like drug and alcohol use and mental health issues). This practical and encouraging book helps parents understand how to best support their young adult children as they progress through tertiary education.



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