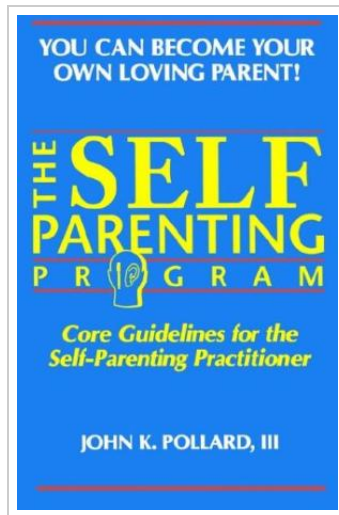




The Self-Parenting Program (Paperback)

By John K. Pollard

Generic Human Studies Publishing, United States, 2002. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In his second book, THE SELF-PARENTING Program: Core Guidelines for the Self-Parenting Practitioner, Dr. John Pollard, the founder of Self-Parenting, takes the reader step-by-step through the process of turning a weak and negative Inner Parent into a strong and positive one. Building on his first book, Self-Parenting: The Complete Guide, Dr. Pollard, provides the advanced methods that enhance the practice of Self-Parenting sessions to create deeper levels of caring and nurturing for your Inner Child. Dr. Pollard has trained and counseled thousands of Self-Parenting practitioners in the art of becoming a positive Inner Parent. This book specifically addresses the problems that every Self-Parenting practitioner faces when first beginning the difficult task of changing their Self-Parenting style from negative to positive. The reader will learn practical, powerful, and advanced methods to unleash energy and creativity as well as learn to tune more deeply into the needs of their Inner Child to reach for their full potential.



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