

The Complete Mediterranean Cookbook: More Than 150 Mouthwatering, Healthy Dishes from the Sun-Drenched Shores of the Mediterranean, Shown in 550 Stunning Photographs



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Reviews

Completely essential study publication. Better then never, though i am quite late in start reading this one. I am very easily could get a delight of reading a composed publication.

(Marilyne Macejkovic)

THE COMPLETE MEDITERRANEAN COOKBOOK: MORE THAN 150 MOUTHWATERING, HEALTHY DISHES FROM THE SUN-DRENCHED SHORES OF THE MEDITERRANEAN, SHOWN IN 550 STUNNING PHOTOGRAPHS

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Hermes House. Paperback. Book Condition: new. BRAND NEW, The Complete Mediterranean Cookbook: More Than 150 Mouthwatering, Healthy Dishes from the Sun-Drenched Shores of the Mediterranean, Shown in 550 Stunning Photographs, Jacqueline Clark, Joanna Farrow, This book features more than 150 mouthwatering, healthy dishes from the sun-drenched shores of the Mediterranean, shown in 550 stunning photographs. It is a classic collection of authentic dishes from Italy, Greece, France, Spain, North Africa and the Middle East. It includes traditional dishes, such as Crostini and Roasted Peppers from Italy, Moroccan Harira, Lebanese Spicy Chickpea and Eggplant Stew, Cassoulet from France, and Crema Catalana from Spain. Every recipe is illustrated step by step, with a glorious picture of each finished dish. From France, Spain and Italy to the islands of Greece, Malta and Cyprus, and beyond to Israel and the coast of North Africa, the diverse countries of the Mediterranean are united by a cuisine that makes full use of their sun-drenched fruits, vegetables and herbs. This collection of recipes presents both traditional dishes, such as Bouillabaisse and Kleftiko, and new combinations. You can try Tapenade of Herb Aioli with Summer Vegetables as a starter, make a substantial supper with Provencal Beef and Olive Daube, serve Sun-dried Tomato Bread with a light salad, such as Avocado, Orange and Almond Salad or end a special dinner with Fig, Date and Almond Tart.



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